

Start List

3000 m Walk W45-50

| | | | | | |
|------------------------------|-----------------|------------------|-----|----------------|----------|
| EUROPEAN RECORD MASTERS (45) | 13:39.13 | Rosetta La Delfa | ITA | Ancona, ITA | 25-02-22 |
| EUROPEAN RECORD MASTERS (50) | 14:18.00 | Siw Karlstrom | SWE | Uddevalla, SWE | 12-03-10 |

| L/O | Bib | Athlete | Cat. | Country | 2026 |
|-----|-----|---------|------|---------|------|
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Final 26-03-28 14:50

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|----|------|--------------------|-----|----------------|-----------------|
| 1 | 877 | Gesa KÜNNEMANN | W45 | Germany | 18:49.11 |
| 2 | 1956 | Iwona GRINHOLC | W50 | Poland | 18:04 |
| 3 | 753 | Constanze GOLLE | W45 | Germany | 17:32 |
| 4 | 1616 | Vita ORMANE | W45 | Latvia | 17:18 |
| 5 | 836 | Jana KELLER | W50 | Germany | 17:11 |
| 6 | 163 | Lenka BOROVIČKOVÁ | W50 | Czech Republic | 16:47.96 |
| 7 | 3185 | Carolyn DERBYSHIRE | W45 | United Kingdom | 16:46 |
| 8 | 265 | Ivana VRANKOVÁ | W50 | Czech Republic | 16:44 |
| 9 | 1472 | Ivanova MARINA | W45 | Italy | 15:30 |
| 10 | 1004 | Brit SCHRÖTER | W50 | Germany | 15:22 |

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SB-Season Best, WR-World Record, NR-National R.

TORUŃ 2026

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