

Start List

400 m W45

EUROPEAN RECORD MASTERS (45)	57.22	Annette Quaid	IRL	Athlone, IRL	23-01-29
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L/O	Bib	Athlete	Cat.	Country	2026	
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Final 26-03-29 17:04

1	465	Césarine BIRIKEM IROUME	W45	France	63.02/26	63.02
2	2815	Elisabet RUZ GUTIÉRREZ	W45	Spain	62.50/26	60.75
3	1930	Malgorzata GASOWSKA-STEPNIAK	W45	Poland	62.27/26	62.27
4	2845	Amanda VAZQUEZ DONCEL-MORIANO	W45	Spain	62.74/26	61.93
5	1637	Oksana CHODA	W45	Lithuania	62.45/26	62.00
6	3096	Liz AMOS	W45	United Kingdom	61.51/26	59.50

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SB-Season Best, WR-World Record, NR-National R.

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