

Official Results

5 km W35+

Judge:

| Place | L/O | Bib | Athlete | Cat. | Country | Result |
|--|-----|------|-----------------------------------|------|----------------|-----------|
| Final Start: 26-03-29 11:05:00 | | | | | | |
| 69 | 412 | 1819 | Anna BAŃKOWSKA | W35 | Poland | 16:59 |
| 82 | 488 | 2939 | Veronika NORDAL | W45 | Sweden | 17:24 SB |
| 83 | 375 | 1077 | Katka WENZLER | W35 | Germany | 17:24 |
| 85 | 422 | 1908 | Andželika DZIĘGIEL-POŚLADA | W35 | Poland | 17:28 |
| 91 | 433 | 1985 | Ewa JAGIELSKA | W40 | Poland | 17:43 |
| 100 | 385 | 1255 | Fiona GETTINGS | W45 | Ireland | 17:48 |
| 101 | 391 | 1307 | Rachel MURPHY | W40 | Ireland | 17:49 |
| 103 | 429 | 1954 | Joanna GRIMAN | W45 | Poland | 17:50 SB |
| 104 | 487 | 2928 | Camilla Asta Kristina LINDHOLM BO | W50 | Sweden | 17:51 SB |
| 108 | 503 | 3405 | Harriet SLADE | W35 | United Kingdom | 17:54 SB |
| 109 | 484 | 2836 | Arancha TEJERO | W50 | Spain | 17:56 SB |
| 110 | 478 | 2703 | Elisa HERNÁNDEZ ASENSIO | W45 | Spain | 17:56 |
| 112 | 437 | 2007 | Joanna KALOTA | W35 | Poland | 17:59 |
| 113 | 496 | 3228 | Lisa GAWTHORNE | W40 | United Kingdom | 18:00 |
| 120 | 417 | 1852 | Ewelina BRZEZINA | W35 | Poland | 18:07 SB |
| 122 | 473 | 2615 | Ana Belén BERNALTE INCERTIS | W45 | Spain | 18:08 SB |
| 132 | 454 | 2276 | Kamila POBLOCKA-DOBROWOLSKA | W35 | Poland | 18:15 |
| 134 | 441 | 2095 | Agnieszka KUJACH | W35 | Poland | 18:18 |
| 142 | 445 | 2138 | Marta ŁOSIN | W40 | Poland | 18:31 |
| 143 | 392 | 1309 | Catherine O CONNOR | W45 | Ireland | 18:33 |
| 149 | 486 | 2878 | Marie DASLER | W55 | Sweden | 18:44 SB |
| 150 | 368 | 985 | Tanja SARETZKI | W50 | Germany | 18:45 =SB |
| 154 | 345 | 78 | Liesbeth DE VOS | W40 | Belgium | 18:48 SB |
| 156 | 502 | 3404 | Elinor SKINNER | W50 | United Kingdom | 18:52 |
| 158 | 387 | 1266 | Annette KEALY | W55 | Ireland | 18:55 =SB |
| 159 | 480 | 2762 | IBÁÑEZ Bárbara MUÑOZ | W35 | Spain | 18:55 SB |
| 162 | 361 | 864 | Kathrin KOVACIC | W40 | Germany | 19:00 |
| 164 | 476 | 2649 | Sonia DE LA CALLE GOMEZ | W55 | Spain | 19:03 SB |
| 165 | 469 | 2445 | Barbara WITOSZEK | W35 | Poland | 19:03 |
| 167 | 424 | 1917 | Joanna FORTUNIAK | W40 | Poland | 19:07 SB |
| 168 | 495 | 3212 | Jacqueline ETHERINGTON | W45 | United Kingdom | 19:07 SB |
| 170 | 474 | 2619 | Nidia Zulma BORGET RUIDIAZ | W45 | Spain | 19:10 |
| 172 | 457 | 2301 | Sylvia ROK-SZPALA | W45 | Poland | 19:11 SB |
| 173 | 493 | 3161 | Ewelina CIESIELSKA | W40 | United Kingdom | 19:12 |
| 178 | 444 | 2124 | Elzbieta LISOWSKA | W45 | Poland | 19:17 |
| 179 | 475 | 2620 | Ana BOULLÓN SABÍN | W40 | Spain | 19:20 SB |
| 181 | 396 | 1510 | Giuseppina PICCALUGA | W45 | Italy | 19:20 |
| 182 | 432 | 1974 | Sylvia HAŁACZKIEWICZ | W40 | Poland | 19:22 |
| 183 | 414 | 1831 | Magdalena BIAŁORCZYK | W50 | Poland | 19:22 SB |
| 186 | 418 | 1858 | Grażyna BULIK | W50 | Poland | 19:24 SB |
| 187 | 477 | 2680 | Esther GÁLVEZ | W45 | Spain | 19:25 SB |
| 189 | 348 | 620 | Laëtitia SAURIN | W45 | France | 19:28 SB |
| 190 | 464 | 2433 | Zofia WAWRZYŃIAK-WACKO | W35 | Poland | 19:30 =SB |
| 195 | 377 | 1141 | Eleni STEFANIDAKI | W55 | Greece | 19:33 SB |
| 196 | 465 | 2437 | Katarzyna WERNER | W35 | Poland | 19:34 |
| 197 | 463 | 2422 | Agnieszka TYBOROWSKA | W50 | Poland | 19:39 |

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|-----|-----|------|--------------------------|-----|----------------|-------|----|
| 202 | 416 | 1849 | Ewa BRYCH-KALINOWSKA | W50 | Poland | 19:43 | |
| 207 | 344 | 29 | Sabine HOFER | W60 | Austria | 19:49 | SB |
| 209 | 427 | 1929 | Bogusława GARCZYŃSKA-WĄS | W45 | Poland | 19:53 | |
| 210 | 406 | 1752 | Ann Kristin AMUNDSEN | W55 | Norway | 19:54 | |
| 226 | 446 | 2157 | Danuta MANTERYS | W55 | Poland | 20:23 | SB |
| 227 | 382 | 1223 | Irene CLEMENTS | W60 | Ireland | 20:25 | SB |
| 228 | 388 | 1288 | Martina MCDONAGH | W55 | Ireland | 20:25 | |
| 229 | 507 | 3469 | Valerie WOODLAND | W50 | United Kingdom | 20:27 | |
| 231 | 381 | 1215 | Kay BYRNE | W60 | Ireland | 20:28 | |
| 232 | 413 | 1822 | Agata BARNAS | W40 | Poland | 20:29 | |
| 233 | 425 | 1919 | Edyta FRAK | W35 | Poland | 20:30 | SB |
| 237 | 440 | 2088 | Jagoda KUBIAK | W40 | Poland | 20:39 | SB |
| 238 | 380 | 1205 | Frida Run THORDARDOTTIR | W55 | Iceland | 20:40 | |
| 239 | 448 | 2207 | Lidia NIEKRAŚ | W45 | Poland | 20:41 | |
| 240 | 451 | 2247 | Małgorzata PAZDERSKA | W40 | Poland | 20:43 | SB |
| 247 | 410 | 1808 | Joanna ANDRZEJEWSKA | W55 | Poland | 20:58 | |
| 251 | 401 | 1625 | Irina STULA PANKOKA | W40 | Latvia | 21:04 | |
| 254 | 350 | 684 | Yvonne BRANDECKER | W45 | Germany | 21:06 | |
| 257 | 389 | 1294 | Jacqueline MCMONAGLE | W55 | Ireland | 21:08 | |
| 259 | 489 | 2948 | Marie OLSSON | W60 | Sweden | 21:12 | |
| 260 | 421 | 1903 | Halina DUBIELA | W60 | Poland | 21:14 | |
| 261 | 460 | 2330 | Małgorzata SIEMBIDA | W45 | Poland | 21:22 | |
| 262 | 394 | 1333 | Vanessa SALLIER | W55 | Ireland | 21:22 | SB |
| 264 | 370 | 1017 | Claudia SEEL | W50 | Germany | 21:26 | |
| 265 | 360 | 853 | Katja KNOSPE | W55 | Germany | 21:27 | |
| 266 | 458 | 2312 | Oliwia RZESZKOWICZ | W40 | Poland | 21:30 | SB |
| 267 | 415 | 1837 | Ewa BŁASZKIEWICZ | W35 | Poland | 21:32 | |
| 271 | 351 | 706 | Grit DORCZOK | W60 | Germany | 21:38 | SB |
| 272 | 402 | 1686 | Mirjam DE BOER | W60 | Netherlands | 21:39 | |
| 273 | 364 | 900 | Madeleine LEWIN | W40 | Germany | 21:39 | |
| 274 | 397 | 1590 | Anita IEVIŃA | W55 | Latvia | 21:40 | SB |
| 279 | 491 | 3051 | Iryna CHAPLYHINA | W50 | Ukraine | 21:47 | |
| 283 | 376 | 1140 | Spyridoyla SOUMA | W60 | Greece | 22:02 | SB |
| 284 | 497 | 3336 | Rebecca MILLS | W40 | United Kingdom | 22:02 | |
| 285 | 404 | 1703 | Maaïke JANSSEN | W45 | Netherlands | 22:04 | |
| 287 | 472 | 2492 | Dina OLIVEIRA | W45 | Portugal | 22:07 | |
| 290 | 408 | 1772 | Bodil HJELLVIK ASKELAND | W60 | Norway | 22:10 | SB |
| 296 | 450 | 2245 | Marlena PAWŁOWSKA | W50 | Poland | 22:22 | |
| 297 | 455 | 2277 | Bożena POBŁOCKA | W55 | Poland | 22:22 | |
| 304 | 468 | 2444 | Bogusława WILCZEK | W55 | Poland | 22:35 | SB |
| 307 | 485 | 2851 | Jane WICKHAM ESSERY | W65 | Spain | 22:44 | |
| 309 | 379 | 1188 | Eniko PÁL | W55 | Hungary | 22:46 | SB |
| 311 | 398 | 1594 | Ludmila JOCE | W60 | Latvia | 22:50 | SB |
| 312 | 372 | 1027 | Stefanie SINDEL | W45 | Germany | 22:52 | SB |
| 313 | 426 | 1923 | Monika GAC | W45 | Poland | 22:53 | |
| 315 | 362 | 882 | Sabine LAHMANN | W60 | Germany | 22:59 | |
| 316 | 352 | 716 | Petra EL ALAMI | W45 | Germany | 23:03 | |
| 318 | 436 | 2004 | Anna KACZOROWSKA | W40 | Poland | 23:05 | SB |
| 320 | 346 | 356 | Tiina HILDÉN | W50 | Finland | 23:10 | |
| 322 | 423 | 1914 | Joanna FOREMSKA | W45 | Poland | 23:12 | |
| 323 | 357 | 836 | Jana KELLER | W50 | Germany | 23:19 | |
| 324 | 353 | 752 | Margret GOETTNAUER | W70 | Germany | 23:19 | SB |
| 326 | 449 | 2222 | Maria OLEJNICZAK | W65 | Poland | 23:23 | SB |
| 328 | 405 | 1730 | Cia SMULDERS | W70 | Netherlands | 23:26 | SB |
| 330 | 399 | 1599 | Ilona KOJALOVICA | W55 | Latvia | 23:30 | |
| 332 | 483 | 2813 | Isabel maría RUIZ SERNA | W50 | Spain | 23:37 | SB |
| 334 | 490 | 3032 | Burcu KIVRAK | W35 | Turkey | 23:48 | |
| 336 | 466 | 2438 | Anna WĘGLEWSKA | W50 | Poland | 23:51 | |
| 337 | 499 | 3364 | Susan PAYNE | W65 | United Kingdom | 23:55 | SB |
| 338 | 373 | 1052 | Ingrid THOMAS | W60 | Germany | 23:57 | SB |

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|-----|-----|------|------------------------------------|-----|----------------|-------|----|
| 339 | 355 | 782 | Elisabeth HENN | W65 | Germany | 24:00 | SB |
| 344 | 367 | 984 | Marion SARASA | W70 | Germany | 24:14 | |
| 346 | 349 | 668 | Irene BELL | W55 | Germany | 24:18 | |
| 347 | 471 | 2482 | Krystyna ŻYŁKOWSKA | W65 | Poland | 24:19 | SB |
| 348 | 452 | 2256 | Krystyna PIECZULIS | W60 | Poland | 24:24 | |
| 349 | 479 | 2753 | Mari Carmen MOLINA PUYO | W55 | Spain | 24:26 | |
| 350 | 430 | 1963 | Bogumila GRZESZKOWIAK | W55 | Poland | 24:28 | SB |
| 351 | 407 | 1760 | Yvette Ricciotti Gran CHRISTIANSEN | W45 | Norway | 24:29 | |
| 353 | 435 | 2003 | Sylvia KACZMAREK | W50 | Poland | 24:30 | SB |
| 357 | 501 | 3389 | Sarah ROBERTS | W75 | United Kingdom | 24:36 | |
| 358 | 447 | 2188 | Stefania MŁYNARCZYK | W55 | Poland | 24:38 | SB |
| 364 | 363 | 891 | Ute LAUCHSTEDT | W70 | Germany | 25:09 | |
| 372 | 482 | 2789 | Carmen PINTO MONTES | W55 | Spain | 25:38 | |
| 374 | 358 | 847 | Fenja Christine KLECKNER | W40 | Germany | 25:44 | |
| 375 | 420 | 1885 | Grazyna DALAK - OZOG | W60 | Poland | 25:45 | SB |
| 379 | 378 | 1145 | Eleni TSOUROUNAKI | W50 | Greece | 26:26 | |
| 382 | 403 | 1687 | Monique DE JONG | W60 | Netherlands | 26:29 | |
| 384 | 461 | 2345 | Krystyna SOBOLEWSKA | W60 | Poland | 26:37 | SB |
| 391 | 442 | 2098 | Joanna KUKAWSKA | W60 | Poland | 27:09 | SB |
| 393 | 453 | 2260 | Edyta PIETRZAK | W45 | Poland | 27:19 | |
| 394 | 359 | 848 | Dagmar KLEINEMEYER | W65 | Germany | 27:34 | SB |
| 396 | 481 | 2769 | Aurora Ordas ORDAS ALVAREZ | W70 | Spain | 27:47 | |
| 399 | 354 | 769 | Lilo HARTENBERGER | W75 | Germany | 28:36 | |
| 400 | 470 | 2457 | Helena WSZOLEK | W65 | Poland | 28:40 | |
| 402 | 365 | 938 | Maria Brigitte NITTEL | W75 | Germany | 28:52 | SB |
| 404 | 492 | 3071 | Tetiana PAPULOVA | W65 | Ukraine | 29:05 | |
| 406 | 347 | 571 | Sandy LUREL | W35 | France | 29:36 | SB |
| 408 | 505 | 3427 | Ros TABOR | W75 | United Kingdom | 29:56 | |
| 412 | 456 | 2285 | Barbara PRYMAKOWSKA | W80 | Poland | 31:41 | |
| 413 | 400 | 1618 | Zinaida RACENAJA | W80 | Latvia | 31:49 | SB |
| 415 | 506 | 3430 | Jean THOMAS | W65 | United Kingdom | 31:58 | SB |
| 418 | 500 | 3381 | Pauline RICH | W80 | United Kingdom | 33:38 | |
| 419 | 386 | 1258 | Anne GORMLEY | W60 | Ireland | 33:39 | |
| 420 | 494 | 3199 | Wendy DOXEY | W65 | United Kingdom | 33:40 | |
| 425 | 439 | 2071 | Danuta KOZŁOWSKA | W70 | Poland | 39:50 | SB |
| | 395 | 1354 | Dana MALKA | W40 | Israel | DNS | |
| | 409 | 1785 | Halldis NAGELL-DAHL | W80 | Norway | DNS | |
| | 411 | 1816 | Magdalena BALCERAK | W45 | Poland | DNS | |
| | 393 | 1329 | Zoë QUINN | W50 | Ireland | DNS | |
| | 438 | 2014 | Iwona KARNICKA | W50 | Poland | DNF | |
| | 443 | 2110 | Magdalena LACHOWSKA | W50 | Poland | DNF | |
| | 498 | 3363 | Joanna PATERSON | W50 | United Kingdom | DNF | |
| | 374 | 1072 | Ulrike WEFERS-FRITZ | W55 | Germany | DNF | |
| | 462 | 2381 | Aneta SUWAJ | W40 | Poland | DNF | |
| | 504 | 3424 | Nikki STURZAKER | W50 | United Kingdom | DNF | |
| | 459 | 2317 | Agnieszka SALACH | W45 | Poland | DNF | |
| | 383 | 1242 | Donna EVANS | W55 | Ireland | DNF | |
| | 434 | 1989 | Jolanta JANISZEWSKA | W55 | Poland | DNF | |
| | 419 | 1871 | Agata CHRÓŚCIELEWSKA | W45 | Poland | DNF | |
| | 384 | 1250 | Breda GAFFNEY | W50 | Ireland | DNF | |
| | 467 | 2440 | Zofia WIECIORKOWSKA | W60 | Poland | DNF | |
| | 431 | 1973 | Ewa HAJKOWICZ | W50 | Poland | DNF | |
| | 371 | 1019 | Kirsten SELLMER | W55 | Germany | DNF | |
| | 356 | 812 | Nicole ILLG | W55 | Germany | DNF | |
| | 390 | 1304 | Susan MURNANE | W50 | Ireland | DNF | |
| | 369 | 1001 | Elisa SCHÖNE | W35 | Germany | DNF | |
| | 366 | 976 | Ute ROHREGGER | W55 | Germany | DNF | |
| | 428 | 1945 | Diana GOŁEK | W40 | Poland | DNF | |

Official Results

| Place | Race/Place | Athlete | Cat. | Country | Result | |
|----------------------|------------|-----------------------------|------|----------------|--------|-----|
| CATEGORY: W35 | | | | | | |
| 1 | Final 69 | Anna BAŃKOWSKA | | Poland | 16:59 | |
| 2 | Final 83 | Katka WENZLER | | Germany | 17:24 | |
| 3 | Final 85 | Andżelika DZIĘGIEL-POŚLADA | | Poland | 17:28 | |
| 4 | Final 108 | Harriet SLADE | | United Kingdom | 17:54 | SB |
| 5 | Final 112 | Joanna KALOTA | | Poland | 17:59 | |
| 6 | Final 120 | Ewelina BRZEZINA | | Poland | 18:07 | SB |
| 7 | Final 132 | Kamila POBŁOCKA-DOBROWOLSKA | | Poland | 18:15 | |
| 8 | Final 134 | Agnieszka KUJACH | | Poland | 18:18 | |
| 9 | Final 159 | IBÁÑEZ Bárbara MUÑOZ | | Spain | 18:55 | SB |
| 10 | Final 165 | Barbara WITOSZEK | | Poland | 19:03 | |
| 11 | Final 190 | Zofia WAWRZYŃIAK-WACKO | | Poland | 19:30 | =SB |
| 12 | Final 196 | Katarzyna WERNER | | Poland | 19:34 | |
| 13 | Final 233 | Edyta FRAK | | Poland | 20:30 | SB |
| 14 | Final 267 | Ewa BŁASZKIEWICZ | | Poland | 21:32 | |
| 15 | Final 334 | Burcu KIVRAK | | Turkey | 23:48 | |
| 16 | Final 406 | Sandy LUREL | | France | 29:36 | SB |
| | Final DNF | Elisa SCHÖNE | | Germany | DNF | |
| CATEGORY: W40 | | | | | | |
| 1 | Final 91 | Ewa JAGIELSKA | | Poland | 17:43 | |
| 2 | Final 101 | Rachel MURPHY | | Ireland | 17:49 | |
| 3 | Final 113 | Lisa GAWTHORNE | | United Kingdom | 18:00 | |
| 4 | Final 142 | Marta ŁOSIN | | Poland | 18:31 | |
| 5 | Final 154 | Liesbeth DE VOS | | Belgium | 18:48 | SB |
| 6 | Final 162 | Kathrin KOVACIC | | Germany | 19:00 | |
| 7 | Final 167 | Joanna FORTUNIAK | | Poland | 19:07 | SB |
| 8 | Final 173 | Ewelina CIESIELSKA | | United Kingdom | 19:12 | |
| 9 | Final 179 | Ana BOULLÓN SABÍN | | Spain | 19:20 | SB |
| 10 | Final 182 | Sylwia HAŁACZKIEWICZ | | Poland | 19:22 | |
| 11 | Final 232 | Agata BARNAS | | Poland | 20:29 | |
| 12 | Final 237 | Jagoda KUBIAK | | Poland | 20:39 | SB |
| 13 | Final 240 | Małgorzata PAZDERSKA | | Poland | 20:43 | SB |
| 14 | Final 251 | Irina STULA PANKOKA | | Latvia | 21:04 | |
| 15 | Final 266 | Oliwia RZESZKOWICZ | | Poland | 21:30 | SB |
| 16 | Final 273 | Madeleine LEWIN | | Germany | 21:39 | |
| 17 | Final 284 | Rebecca MILLS | | United Kingdom | 22:02 | |
| 18 | Final 318 | Anna KACZOROWSKA | | Poland | 23:05 | SB |
| 19 | Final 374 | Fenja Christine KLECKNER | | Germany | 25:44 | |
| | Final DNF | Diana GOŁEK | | Poland | DNF | |
| | Final DNS | Dana MALKA | | Israel | DNS | |
| | Final DNF | Aneta SUWAJ | | Poland | DNF | |
| CATEGORY: W45 | | | | | | |
| 1 | Final 82 | Veronika NORDAL | | Sweden | 17:24 | SB |
| 2 | Final 100 | Fiona GETTINGS | | Ireland | 17:48 | |
| 3 | Final 103 | Joanna GRIMAN | | Poland | 17:50 | SB |
| 4 | Final 110 | Elisa HERNÁNDEZ ASENSIO | | Spain | 17:56 | |
| 5 | Final 122 | Ana Belén BERNALTE INCERTIS | | Spain | 18:08 | SB |
| 6 | Final 143 | Catherine O CONNOR | | Ireland | 18:33 | |
| 7 | Final 168 | Jacqueline ETHERINGTON | | United Kingdom | 19:07 | SB |
| 8 | Final 170 | Nidia Zulma BORGET RUIDIAZ | | Spain | 19:10 | |
| 9 | Final 172 | Sylwia ROK-SZPALA | | Poland | 19:11 | SB |

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| 10 | Final | 178 | Elzbieta LISOWSKA | Poland | 19:17 | |
| 11 | Final | 181 | Giuseppina PICCALUGA | Italy | 19:20 | |
| 12 | Final | 187 | Esther GÁLVEZ | Spain | 19:25 | SB |
| 13 | Final | 189 | Laëtitia SAURIN | France | 19:28 | SB |
| 14 | Final | 209 | Bogusława GARCZYŃSKA-WĄS | Poland | 19:53 | |
| 15 | Final | 239 | Lidia NIEKRAŚ | Poland | 20:41 | |
| 16 | Final | 254 | Yvonne BRANDECKER | Germany | 21:06 | |
| 17 | Final | 261 | Małgorzata SIEMBIDA | Poland | 21:22 | |
| 18 | Final | 285 | Maike JANSSEN | Netherlands | 22:04 | |
| 19 | Final | 287 | Dina OLIVEIRA | Portugal | 22:07 | |
| 20 | Final | 312 | Stefanie SINDEL | Germany | 22:52 | SB |
| 21 | Final | 313 | Monika GAC | Poland | 22:53 | |
| 22 | Final | 316 | Petra EL ALAMI | Germany | 23:03 | |
| 23 | Final | 322 | Joanna FOREMSKA | Poland | 23:12 | |
| 24 | Final | 351 | Yvette Ricciotti Gran CHRISTIANSEN | Norway | 24:29 | |
| 25 | Final | 393 | Edyta PIETRZAK | Poland | 27:19 | |
| | Final | DNS | Magdalena BALCERAK | Poland | DNS | |
| | Final | DNF | Agata CHRÓŚCIELEWSKA | Poland | DNF | |
| | Final | DNF | Agnieszka SALACH | Poland | DNF | |

CATEGORY: W50

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|----|-------|-----|-------------------------------------|----------------|-------|-----|
| 1 | Final | 104 | Camilla Asta Kristina LINDHOLM BORG | Sweden | 17:51 | SB |
| 2 | Final | 109 | Arancha TEJERO | Spain | 17:56 | SB |
| 3 | Final | 150 | Tanja SARETZKI | Germany | 18:45 | =SB |
| 4 | Final | 156 | Elinor SKINNER | United Kingdom | 18:52 | |
| 5 | Final | 183 | Magdalena BIAŁORCZYK | Poland | 19:22 | SB |
| 6 | Final | 186 | Grażyna BULIK | Poland | 19:24 | SB |
| 7 | Final | 197 | Agnieszka TYBOROWSKA | Poland | 19:39 | |
| 8 | Final | 202 | Ewa BRYCH-KALINOWSKA | Poland | 19:43 | |
| 9 | Final | 229 | Valerie WOODLAND | United Kingdom | 20:27 | |
| 10 | Final | 264 | Claudia SEEL | Germany | 21:26 | |
| 11 | Final | 279 | Iryna CHAPLYHINA | Ukraine | 21:47 | |
| 12 | Final | 296 | Marlena PAWŁOWSKA | Poland | 22:22 | |
| 13 | Final | 320 | Tiina HILDÉN | Finland | 23:10 | |
| 14 | Final | 323 | Jana KELLER | Germany | 23:19 | |
| 15 | Final | 332 | Isabel maría RUIZ SERNA | Spain | 23:37 | SB |
| 16 | Final | 336 | Anna WĘGLEWSKA | Poland | 23:51 | |
| 17 | Final | 353 | Sylvia KACZMAREK | Poland | 24:30 | SB |
| 18 | Final | 379 | Eleni TSOUROUNAKI | Greece | 26:26 | |
| | Final | DNF | Magdalena LACHOWSKA | Poland | DNF | |
| | Final | DNF | Nikki STURZAKER | United Kingdom | DNF | |
| | Final | DNF | Ewa HAJKOWICZ | Poland | DNF | |
| | Final | DNF | Susan MURNANE | Ireland | DNF | |
| | Final | DNS | Zoë QUINN | Ireland | DNS | |
| | Final | DNF | Joanna PATERSON | United Kingdom | DNF | |
| | Final | DNF | Iwona KARNICKA | Poland | DNF | |
| | Final | DNF | Breda GAFFNEY | Ireland | DNF | |

CATEGORY: W55

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|---|-------|-----|-------------------------|---------|-------|-----|
| 1 | Final | 149 | Marie DASLER | Sweden | 18:44 | SB |
| 2 | Final | 158 | Annette KEALY | Ireland | 18:55 | =SB |
| 3 | Final | 164 | Sonia DE LA CALLE GOMEZ | Spain | 19:03 | SB |
| 4 | Final | 195 | Eleni STEFANIDAKI | Greece | 19:33 | SB |
| 5 | Final | 210 | Ann Kristin AMUNDSEN | Norway | 19:54 | |
| 6 | Final | 226 | Danuta MANTERYS | Poland | 20:23 | SB |
| 7 | Final | 228 | Martina MCDONAGH | Ireland | 20:25 | |
| 8 | Final | 238 | Frida Run THORDARDOTTIR | Iceland | 20:40 | |
| 9 | Final | 247 | Joanna ANDRZEJEWSKA | Poland | 20:58 | |

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| 10 | Final | 257 | Jacqueline MCMONAGLE | Ireland | 21:08 | |
| 11 | Final | 262 | Vanessa SALLIER | Ireland | 21:22 | SB |
| 12 | Final | 265 | Katja KNOSPE | Germany | 21:27 | |
| 13 | Final | 274 | Anita IEVIŃA | Latvia | 21:40 | SB |
| 14 | Final | 297 | Bożena POBŁOCKA | Poland | 22:22 | |
| 15 | Final | 304 | Bogusława WILCZEK | Poland | 22:35 | SB |
| 16 | Final | 309 | Eniko PÁL | Hungary | 22:46 | SB |
| 17 | Final | 330 | Ilona KOJALOVICA | Latvia | 23:30 | |
| 18 | Final | 346 | Irene BELL | Germany | 24:18 | |
| 19 | Final | 349 | Mari Carmen MOLINA PUYO | Spain | 24:26 | |
| 20 | Final | 350 | Bogumila GRZESZKOWIAK | Poland | 24:28 | SB |
| 21 | Final | 358 | Stefania MŁYNARCZYK | Poland | 24:38 | SB |
| 22 | Final | 372 | Carmen PINTO MONTES | Spain | 25:38 | |
| | Final | DNF | Ute ROHREGGER | Germany | DNF | |
| | Final | DNF | Donna EVANS | Ireland | DNF | |
| | Final | DNF | Jolanta JANISZEWSKA | Poland | DNF | |
| | Final | DNF | Ulrike WEFERS-FRITZ | Germany | DNF | |
| | Final | DNF | Kirsten SELLMER | Germany | DNF | |
| | Final | DNF | Nicole ILLG | Germany | DNF | |

CATEGORY: W60

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|----|-------|-----|-------------------------|-------------|-------|----|
| 1 | Final | 207 | Sabine HOFER | Austria | 19:49 | SB |
| 2 | Final | 227 | Irene CLEMENTS | Ireland | 20:25 | SB |
| 3 | Final | 231 | Kay BYRNE | Ireland | 20:28 | |
| 4 | Final | 259 | Marie OLSSON | Sweden | 21:12 | |
| 5 | Final | 260 | Halina DUBIELA | Poland | 21:14 | |
| 6 | Final | 271 | Grit DORCZOK | Germany | 21:38 | SB |
| 7 | Final | 272 | Mirjam DE BOER | Netherlands | 21:39 | |
| 8 | Final | 283 | Spyridoyla SOUMA | Greece | 22:02 | SB |
| 9 | Final | 290 | Bodil HJELLVIK ASKELAND | Norway | 22:10 | SB |
| 10 | Final | 311 | Ludmila JOCE | Latvia | 22:50 | SB |
| 11 | Final | 315 | Sabine LAHMANN | Germany | 22:59 | |
| 12 | Final | 338 | Ingrid THOMAS | Germany | 23:57 | SB |
| 13 | Final | 348 | Krystyna PIECZULIS | Poland | 24:24 | |
| 14 | Final | 375 | Grazyna DALAK - OZOG | Poland | 25:45 | SB |
| 15 | Final | 382 | Monique DE JONG | Netherlands | 26:29 | |
| 16 | Final | 384 | Krystyna SOBOLEWSKA | Poland | 26:37 | SB |
| 17 | Final | 391 | Joanna KUKAWSKA | Poland | 27:09 | SB |
| 18 | Final | 419 | Anne GORMLEY | Ireland | 33:39 | |
| | Final | DNF | Zofia WIECIORKOWSKA | Poland | DNF | |

CATEGORY: W65

| | | | | | | |
|----|-------|-----|-----------------------|----------------|-------|----|
| 1 | Final | 307 | Jane WICKHAM ESSERY | Spain | 22:44 | |
| 2 | Final | 326 | Małgorzata OLEJNICZAK | Poland | 23:23 | SB |
| 3 | Final | 337 | Susan PAYNE | United Kingdom | 23:55 | SB |
| 4 | Final | 339 | Elisabeth HENN | Germany | 24:00 | SB |
| 5 | Final | 347 | Krystyna ŻYŁKOWSKA | Poland | 24:19 | SB |
| 6 | Final | 394 | Dagmar KLEINEMEYER | Germany | 27:34 | SB |
| 7 | Final | 400 | Helena WSZOLEK | Poland | 28:40 | |
| 8 | Final | 404 | Tetiana PAPULOVA | Ukraine | 29:05 | |
| 9 | Final | 415 | Jean THOMAS | United Kingdom | 31:58 | SB |
| 10 | Final | 420 | Wendy DOXEY | United Kingdom | 33:40 | |

CATEGORY: W70

| | | | | | | |
|---|-------|-----|----------------------------|-------------|-------|----|
| 1 | Final | 324 | Margret GOETTNAUER | Germany | 23:19 | SB |
| 2 | Final | 328 | Cia SMULDERS | Netherlands | 23:26 | SB |
| 3 | Final | 344 | Marion SARASA | Germany | 24:14 | |
| 4 | Final | 364 | Ute LAUCHSTEDT | Germany | 25:09 | |
| 5 | Final | 396 | Aurora Ordas ORDAS ALVAREZ | Spain | 27:47 | |

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|----------------------|-------|-----|-----------------------|----------------|-------|----|
| 6 | Final | 425 | Danuta KOZŁOWSKA | Poland | 39:50 | SB |
| CATEGORY: W75 | | | | | | |
| 1 | Final | 357 | Sarah ROBERTS | United Kingdom | 24:36 | |
| 2 | Final | 399 | Lilo HARTENBERGER | Germany | 28:36 | |
| 3 | Final | 402 | Maria Brigitte NITTEL | Germany | 28:52 | SB |
| 4 | Final | 408 | Ros TABOR | United Kingdom | 29:56 | |
| CATEGORY: W80 | | | | | | |
| 1 | Final | 412 | Barbara PRYMAKOWSKA | Poland | 31:41 | |
| 2 | Final | 413 | Zinaida RACENAJA | Latvia | 31:49 | SB |
| 3 | Final | 418 | Pauline RICH | United Kingdom | 33:38 | |
| | Final | DNS | Halldis NAGELL-DAHL | Norway | DNS | |

Note:

SB -Season Best

=SB -Season Best