

## Start List

### Shot Put W45 (4)

EUROPEAN RECORD MASTERS (45)	<b>16.49</b> Zdenka Silhava	CZE	Praha, CZE	00-02-13
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L/O	Bib	Athlete	Cat.	Country	2026
					<b>26-03-29 10:40</b>
<b>1</b>	2570	<b>Jana SAROSSYOVA</b>	<b>W45</b>	Slovakia	<b>5.61</b>
<b>2</b>	943	<b>Christine OHNMACHT</b>	<b>W45</b>	Germany	<b>10.50</b>
<b>3</b>	919	<b>Mareike METZ</b>	<b>W45</b>	Germany	<b>13.56</b>
<b>4</b>	3227	<b>Eleanor GATRELL</b>	<b>W45</b>	United Kingdom	<b>12.73</b>
<b>5</b>	322	<b>Janne OJALA</b>	<b>W45</b>	Estonia	<b>10.39</b>
<b>6</b>	2914	<b>Angelica KELA</b>	<b>W45</b>	Sweden	<b>9.16</b>
<b>7</b>	1698	<b>Monique HEIJNS</b>	<b>W45</b>	Netherlands	<b>10.78</b>
<b>8</b>	1335	<b>Mary SCANLON</b>	<b>W45</b>	Ireland	<b>9.35</b>
<b>9</b>	831	<b>Nadine KANT</b>	<b>W45</b>	Germany	<b>12.00</b>
<b>10</b>	1700	<b>Anouk HULSHOFF</b>	<b>W45</b>	Netherlands	<b>7.45</b>
<b>11</b>	1718	<b>Louise MUNSTERMAN</b>	<b>W45</b>	Netherlands	<b>9.00</b>
<b>12</b>	3068	<b>Tetiana NASONOVA</b>	<b>W45</b>	Ukraine	<b>14.85</b>
<b>13</b>	907	<b>Sabine LÜBKER</b>	<b>W45</b>	Germany	<b>10.83</b>

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SB-Season Best, WR-World Record, NR-National R.

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