

TIMETABLE

26-03-31	Time	Discipline	Round Information	
	08:00	200 m W35	1st (4) 2Q 4q	
	08:20	60 m Hurdles M80-85 Pentathlon	Heat 1 (1)	
	08:25	200 m W40	1st (6) 2Q 6q	
	08:45	Long Jump M80-85 Pentathlon	GROUP 1 (1)	
	08:57	Javelin Throw W65 (500)		stadium
	09:00	60 m Hurdles M75 Pentathlon	Heat 1	
	09:00	Weight Throw M35-40 (15.880)		stadium
	09:00	Pole Vault M35		
	09:05	200 m W45	1st (4) 2Q 4q	
	09:28	Long Jump M75 Pentathlon	Heat 1	
	09:29	Shot Put M80-85 (3) Pentathlon	GROUP 1 (1)	
	09:30	200 m W50	1st (4) 2Q 4q	
	10:00	60 m Hurdles M70 Pentathlon	Heat 1	
	10:00	5 km Race Walk W35-50	Final	
	10:00	5 km Walk TEAM W35	Final	
	10:00	5 km Walk TEAM W40	Final	
	10:00	5 km Walk TEAM W45	Final	
	10:00	5 km Walk TEAM W50	Final	
	10:15	200 m W55	1st (5) 2Q 2q	
	10:15	Shot Put M75 (4) Pentathlon	Heat 1	
	10:18	Javelin Throw W70 (500)		stadium
	10:30	200 m W60	SF (3) 1Q 3q	
	10:35	Long Jump M70 Pentathlon	Heat 1	
	10:35	High Jump M80-85 Pentathlon	GROUP 1 (1)	I
	10:40	5 km Race Walk W55+	Final	
	10:40	5 km Walk TEAM W55	Final	
	10:40	5 km Walk TEAM W60	Final	
	10:40	5 km Walk TEAM W65	Final	
	10:40	5 km Walk TEAM W70	Final	
	10:40	5 km Walk TEAM W75	Final	
	10:40	5 km Walk TEAM W80	Final	
	10:45	Hammer Throw M60 (5)		stadium
	10:50	200 m M70	1st (5) 2Q 2q	
	11:20	200 m M75	SF (3) 1Q 3q	
	11:30	Javelin Throw W75 (400)		stadium
	11:35	High Jump M75 Pentathlon	Heat 1	II
	11:39	Shot Put M70 (4) Pentathlon	Heat 1	
	11:40	60 m Hurdles M65 Pentathlon	Heat 1	
	11:40	5 km Race Walk M35-50	Final	
	11:40	5 km Walk TEAM M35	Final	
	11:40	5 km Walk TEAM M40	Final	
	11:40	5 km Walk TEAM M45	Final	
	11:40	5 km Walk TEAM M50	Final	

11:53	Pole Vault M40		
12:00	Discus Throw M45 (2)		stadium
12:05	200 m M65	1st (7) 2Q 4q	
12:10	Long Jump M65 Pentathlon	Heat 1	
12:10	Hammer Throw M70 (4)		stadium
12:15	5 km Race Walk M55-65	Final	
12:15	5 km Walk TEAM M55	Final	
12:15	5 km Walk TEAM M60	Final	
12:15	5 km Walk TEAM M65	Final	
12:26	Javelin Throw W80+ (400)		stadium
12:50	200 m M60	1st (9) 1Q 9q	
12:56	Shot Put M65 (5) Pentathlon	Heat 1	
13:00	5 km Race Walk M70+	Final	
13:00	5 km Walk TEAM M70	Final	
13:00	5 km Walk TEAM M75	Final	
13:00	5 km Walk TEAM M80	Final	
13:10	High Jump M70 Pentathlon	Heat 1	I
13:18	Long Jump M65 Pentathlon	Heat 2	
13:35	Discus Throw M50 (1.5)		stadium
13:40	Hammer Throw M65 (5)		stadium
13:45	60 m Hurdles M60 Pentathlon	Heat 1	
13:46	Pole Vault M45		
14:06	Shot Put M65 (5) Pentathlon	Heat 2	
14:10	1000 m M80-85 Pentathlon	Heat 1 (1)	
14:15	Pentathlon M80-85	Summary (3)	
14:20	1000 m M75 Pentathlon	Heat 1	
14:22	Long Jump M60 Pentathlon	Heat 1	
14:24	High Jump M65 Pentathlon	Heat 1	Gr.1 (II) Gr.2 (I)
14:25	Pentathlon M75	Summary (3)	
14:30	200 m M55	1st (8) 2Q 2q	
15:15	Long Jump M60 Pentathlon	Heat 2	
15:16	High Jump M65 Pentathlon	Heat 2	Gr.1 (II) Gr.2 (I)
15:20	200 m M50	1st (8) 2Q 2q	
15:23	Discus Throw M55 (1.5)		stadium
15:24	Shot Put M60 (5) Pentathlon	Heat 1	
15:30	Hammer Throw M75 (4)		stadium
16:05	200 m M45	1st (7) 2Q 4q	
16:10	Pole Vault M50		
16:22	Triple Jump W35 W45		
16:28	Shot Put M60 (5) Pentathlon	Heat 2	
16:34	High Jump M60 Pentathlon	Heat 1	Gr.1 (II) Gr.2 (I)
16:50	1000 m M70 Pentathlon	Heat 1	
16:57	Pentathlon M70	Summary (3)	
17:00	200 m M40	1st (8) 2Q 2q	
17:00	Hammer Throw M80 (3)		stadium
17:07	Hammer Throw M85+ (3)		stadium
17:45	1000 m M65 Pentathlon	Heat 1	
17:45	High Jump M60 Pentathlon	Heat 2	Gr.1 (II) Gr.2 (I)
17:57	Pentathlon M65	Summary (3)	
18:00	200 m M35	1st (8) 2Q 2q	
18:00	Triple Jump W40		
18:45	200 m W35	SF (2) 2Q 2q	
18:55	200 m W40	SF (3) 1Q 3q	

19:10	200 m W45	SF (2) 2Q 2q
19:20	200 m W50	SF (2) 1Q 4q
19:30	200 m W55	SF (2) 2Q 2q
19:30	Triple Jump W50-55	
19:40	1000 m M60 Pentathlon	Heat 1
19:52	Pentathlon M60	Summary (3)
20:05	200 m W65	SF (3) 1Q 3q
20:20	200 m W70	SF (3) 1Q 3q
20:35	200 m W75	SF (2) 2Q 2q
20:45	800 m W80+	Final
20:52	800 m W75	Final
20:59	800 m W70	Final
21:06	800 m W65	Final
21:13	800 m W60	Final
21:20	800 m W55	Final
21:27	800 m W50	Final
21:34	800 m W45	Final
21:41	800 m W40	Final
21:48	800 m W35	Final
21:55	800 m M85+	Final
22:02	800 m M80	Final
22:09	800 m M75	Final
22:16	800 m M70	Final
22:23	800 m M65	Final
22:30	800 m M60	Final
22:37	800 m M55	Final
22:44	800 m M50	Final
22:51	800 m M45	Final
22:58	800 m M40	Final
23:05	800 m M35	Final